

KATHRYN S. STEINMAN

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EDUCATION:

Doctor of Psychology, Clinical Psychology, September 2000
Loyola College in Maryland, Baltimore, MD (APA accredited)

Master of Arts, Clinical Psychology, September 1996
Loyola College in Maryland, Baltimore, MD

Bachelor of Arts, Psychology, May 1993
Gettysburg College, Gettysburg, PA

PROFESSIONAL LICENSE:

Maryland, June 2002

CLINICAL EXPERIENCE:

Kathryn S. Steinman, L.L.C., Bethesda, MD

Licensed Psychologist

January 2005-present

- Provide outpatient psychotherapy for adolescents, adults, families, and couples. Treat issues such as: anxiety, depression, relationship problems, familial discord, adjustment to high school/college, peer conflict, bullying, self-injury, and low self-esteem.
- Conduct psychological and psycho-educational assessments for children, adolescents, and adults. Issues evaluated include: learning disabilities, ADD/ADHD, emotional functioning, differential diagnoses, and suitability for special accommodations in school/college setting as well as for standardized testing.

Drs. Olsson and Levinson, L.L.C., Lutherville, MD

Psychology Associate and Licensed Psychologist

January 2001-June 2005

- Provided outpatient psychotherapy for adolescents, adults, couples, and families.
- Performed psychological and psycho-educational evaluations for children, adolescents, and adults.

Psychology Consultants Associated, P.A., Lutherville, MD

Psychology Associate

January 2001-June 2001; September 1998-July 1999

- Conducted initial and triennial psychological assessments on children in the Baltimore City Public School System for learning disabilities and emotional disturbance.
- Performed psychological testing on police officers being evaluated for fitness for duty, 911 emergency dispatcher qualifications, and candidacy to the Baltimore City Police Department's Quick Response Team (QRT).
- Administered psychological tests to juveniles court-ordered to a residential facility in order to determine emotional and cognitive functioning.
- Provided individual and couples outpatient psychotherapy for police officers.

Houston Psychotherapy Institute, P.C., Houston, TX
Clinical Psychology Intern
September 1999-August 2000

Fort Bend Independent School District, Sugarland, TX

- Conducted psychological consultations, psychological evaluations, and ADHD screenings for elementary and secondary school children to determine their eligibility for special education services.
- Consulted with parents and school personnel and provided recommendations to enhance students' academic performance.
- Provided individual counseling for elementary / secondary students determined as emotionally disturbed.
- Facilitated a counseling group for fifth graders transitioning to middle school.
- Conducted group therapy for adolescents in an alternative school environment. Group topics included: self-esteem enhancement, anger management, and conflict resolution.
- Provided crisis intervention and individual counseling services within the alternative education setting.

ADAPT Counseling, Houston, TX

- Performed psychological evaluations on child and adolescent victims and perpetrators of sexual abuse.
- Provided individual, family, and group therapy for pre-adolescent and adolescent perpetrators of sibling incest, child molestation, sexual assault, and paraphilias.

Houston Psychotherapy Institute Adult Outpatient Clinic, Houston, TX

- Conducted psychological testing on individuals referred by Children's Protective Services (CPS) to determine suitability for family reunification or to provide recommendations for level of foster care.
- Provided adult outpatient psychotherapy services.

Clinical Associates, P.A., Towson, MD

Psychology Associate
August 1998-July 1999

- Provided individual, couples, and family psychotherapy to patients referred for treatment by their primary care physician or medical specialist.

Springfield Hospital Center, Sykesville, MD

Forensic Extern
September 1997-June 1998

- Conducted competency to stand trial and criminal responsibility evaluations on inpatient and outpatient, severely mentally ill defendants.
- Determined level of dangerousness and suitability of patients for involuntary commitment through patient consultation and medical chart review.

Veterans Administration Medical Center, Fort Howard, MD

Doctoral Extern
January 1997-June 1997

- Provided individual outpatient psychotherapy for male military veterans.
- Co-conducted lectures on psychosocial issues to recovering male homeless veterans.
- Administered and interpreted various psychological measures.

Clifton T. Perkins Hospital Center, Jessup, MD

Psychology Extern

September 1995-June 1996

- Administered and interpreted psychological test batteries of forensic patients and prison inmates.
- Engaged in individual treatment planning of forensic patients and provided feedback to team members regarding assessment results.

TEACHING EXPERIENCE:

George Washington University, Washington, DC

Visiting Associate Professor

August 2003-May 2005

Villa Julie College, Stevenson, MD

Part-time Instructor

January 2001-2003

Towson University, Towson, MD

Part-time Instructor

January 2002-2003

Goucher College, Towson, MD

Part-Time Instructor

September 2001-December 2001

Community College of Baltimore County, Catonsville, Baltimore, MD

Part-Time Instructor

October 2000-December 2000

Courses Taught: Abnormal Psychology, Cognitive Assessment (graduate level), Group Dynamics, Human Growth and Development, Introduction to Psychology Lecture and Lab, Social Psychology, and Theories of Personality.

PROFESSIONAL PRESENTATION:

ADAPT Counseling, Houston, TX

2000 Training Institute for Sex Offender Treatment, April 2000

Topic: Priests with Pedophilia: A Focus on Narcissism.

RESEARCH EXPERIENCE:

Doctoral Dissertation, Loyola College. April 2000. Dissertation entitled: "Narcissism and Overcontrolled-Hostility: Personality Characteristics of Priests with Pedophilia."

Master's Thesis, Loyola College. September 1996. Thesis entitled: "The Use of the Psychopathy Checklist-Revised in the Assessment of Forensic Patients Who Have Committed Matricide."

PUBLICATIONS:

Derogatis, L. R., & Savitz, K. L. (2000). Symptom Checklist-90-Revised (SCL-90-R) and Brief Symptom Inventory (BSI). In M. E. Maruish (Ed.), *Handbook of psychological assessment in primary care settings*. Hillsdale, NJ: Lawrence Erlbaum Associates.

Derogatis, L. R., & Savitz, K. L. (1999). SCL-90-R, Brief Symptom Inventory, and matching clinical rating scales. In M. E. Maruish (Ed.), *The use of psychological testing for treatment planning and outcomes assessment* (2nd ed.). Hillsdale, NJ: Lawrence Erlbaum Associates.

PROFESSIONAL AFFILIATIONS:

American Psychological Association. Member since 1998.

Maryland Psychological Association. Member since 1997.

National Association for School Psychologists. Member since 2001-2007.

Texas Psychological Association. Member 1999-2000.